# **Prayer of Deliverance and Praise Resource**

This resource is designed to guide you in seeking God's deliverance and offering Him praise. Each area of need is paired with a scriptural promise and a suggested offering of gratitude and worship.

Use this as a tool to deepen your prayer life and experience God's transforming power.

## Fear (Joshua 1:9)

Deliverance Prayer: 'Lord, deliver me from Fear.'

Offering of Praise: Lord, I praise You for being my courage and my strength.

#### Shame (Isaiah 61:7)

Deliverance Prayer: 'Lord, deliver me from Shame.'

Offering of Praise: Thank You, Lord, for turning my shame into honor and joy.

## **Discouragement (Psalm 42:5)**

Deliverance Prayer: 'Lord, deliver me from Discouragement.'

Offering of Praise: I worship You as the God of hope and encouragement.

#### Oppression (Isaiah 10:27)

Deliverance Prayer: 'Lord, deliver me from Oppression.'

Offering of Praise: Thank You, Lord, for breaking the yoke of oppression in my life.

#### Self-loathing (Psalm 139:14)

Deliverance Prayer: 'Lord, deliver me from Self-loathing.'

Offering of Praise: I praise You for creating me fearfully and wonderfully.

# **Abandonment (Ephesians 2:19)**

Deliverance Prayer: 'Lord, deliver me from Abandonment.'

Offering of Praise: Thank You for welcoming me into Your family.

## Ignorance (James 1:5)

Deliverance Prayer: 'Lord, deliver me from Ignorance.'

Offering of Praise: I worship You as the source of all wisdom and discernment.

#### Laziness (Proverbs 16:3)

Deliverance Prayer: 'Lord, deliver me from Laziness.'

Offering of Praise: Thank You for giving me vision and purpose to co-create with You.

#### **Depression (Psalm 30:11)**

Deliverance Prayer: 'Lord, deliver me from Depression.'

Offering of Praise: I praise You for turning my mourning into joy.

## **Anxiety (Philippians 4:6-7)**

Deliverance Prayer: 'Lord, deliver me from Anxiety.'

Offering of Praise: Thank You, Lord, for giving me peace that surpasses understanding.

# **Despair (2 Corinthians 12:9)**

Deliverance Prayer: 'Lord, deliver me from Despair.'

Offering of Praise: I worship You for Your mercy and grace, which sustain me.

#### Torment (John 8:36)

Deliverance Prayer: 'Lord, deliver me from Torment.'

Offering of Praise: Thank You, Jesus, for setting me free indeed.

Feel free to use this resource in your personal prayer time or share it with others who need encouragement.